

Two types of service

Fix what you find: we have a room dedicated for simple find and fix problems. we work on one problem at a visit. Just takes a few minutes to find the cause and make changes. It may take 1-5 visits to relieve the symptoms. The purpose is to get you up and going as fast as possible. \$50 a visit

Find and correct long time problems: the purpose here is to find the chronic, long time, problems causing health risk. Then we give the body what it needs to correct it. This removes the reasons for medications in most cases, stops degeneration, restores degenerated tissues and organs including the brain and nerves, restores immune function, restores digestive system. We have treatments for all the systems as we treat the whole person. we even have treatment methods for mental emotional components adversely affecting the physical body function.

In order to do this kind of work we have to do testing to find what muscle, organs and systems are involved so we know what to do in your case. Each case is different even if they have the same or similar symptoms since the sources are usually more than one causing overlapping symptoms.

To correct these kinds of problems takes planning. What to do and when to do it in order of priority. Can't build a roof till you have a house to build it on. Can't build a house till you have a foundation, right?

I want to give you an idea of the big picture. The body is supposed to be healthy and active and never get sick but when we introduce interference through Trauma (physical, mental/emotional, chemical) the body is supposed to heal it back to normal and get rid of scar tissue, restore normal motion to joints and muscles, restore organ function and even a good outlook on life. Interference less than perfect correction and even prevents something from fully healing. You know about bacterial infection, triggering immune response, producing pus of various colors and there is healthy color and unhealthy color. White blood cells come in to clean up the area and get rid of excess bacteria, then scar tissue is formed to pull the tissues back together and finally the scar tissue is replaced with good elastic tissues. Interference will leave scar tissue, may have pockets of infection that left over time, the body will wall off that pocket with calcium that can be seen on x-ray. We often see "injection depots" usually in the buttock region and a knot can be felt in the soft tissue. This can also happen in the lungs like the case with tuberculosis. The body walls off the infection and if it busts open from trauma, can reinfect the lungs with tuberculosis.

Scar tissue in the organs and muscles creates poor circulation and affects function. When a joint stops moving thru its full range of motion, it cause degeneration of the joint. Over time this can lead to emergency medicine to surgically stabilize the spine, hip, knee which are the most common areas of degeneration. The biggest secret is when normal motion is restore, the joint can heal and then there is no need for emergency medical surgery. Restoring Normal Motion is "Health Care" and every person on the planet should know where your health is and how to find it and keep it.

Not every chiropractor knows how to correct chronic health problems and that is fine. They can still help lots of people but it takes a lot of time and money to learn how to do this type of work. It also takes time with the patient, you can't fix it over night. It has been going on for a long time. If you get a tooth ache and go to the dentist, does he say, "oh, you must have eaten a piece of candy last night that caused this cavity!"? or do they say "this has been going on for a long time and has finally gotten down to the root, causing all these problems and pain!"?

The cause of high cholesterol did not happen over night, and it is **not** because your liver has gone crazy and needs a pharmaceutical drug to block the production of the cholesterol that the body is demanding so it can produce the hormones required for the body to function efficiently. You see, when we stop the body from producing cholesterol, science has found it causes diabetes, Alzheimer's, neuropathy and that is just the tip of the iceberg. High cholesterol tends to be from hormone resistance and hormone deficiency but you can't take hormones to balance the hormones. There are too many hormones that have to work with all the other hormones like instruments in a symphony and throwing a couple hormones in the mix doesn't fix the problem nor does it come in at just the right time so all you get is a bunch of noise and malfunction symptoms.

Malfunction symptoms: chronic fatigue, nervousness, nervous breakdown, mental breakdown, neuropathy, numbness/tingling, taste, smell, touch, sleep, headaches, vision, liver, gallbladder, spleen, pancreas, stomach, small intestine, large intestine, bladder, constipation, diarrhea, reproductive, pms, PID, infertility, difficult carrying pregnancy to term, morning sickness, difficult delivery, prostate, low testosterone, imbalanced estrogen/progesterone and all the variations of hormones, tumor, edema, strep throat recurring (chronic), hemorrhoids, tooth and gum, tongue, eyes, ears, skin conditions, muscle weakness, acid reflux, gird, arthritis, fibromyalgia, knock knees, bow legs, flat feet, pigeon toe, hammer toe, trigger finger, pain just about anywhere on the body or in joints including the skull.

Brain malfunction can occur due to cranial bones getting stuck and not moving to accommodate pumping the cerebral spinal fluid, lack of which causes all kinds of symptoms from speech, vision, hearing even stroke symptoms may be coming from cranial bone problems. we see this often in autism cases.

One of the things that greatly affects Hormones in the body is the diet and preparation of foods. Our nutrition program determines what is right for you, shows you how to put your food together for maximum hormone benefit and is also anti-aging. We teach you how to balance your food, best sources and different ways to use food to restore your health. this can be passed down from generation to generation breaking the curses of our ancestors and moving towards the best genetic expression you can have. Heart disease, diabetes, infertility and many others tend to be a bad genetic expression. Diet controls your genetic expression so if we shift the genetic expression through diet, you don't have to have or get these diseases and you can reverse them if you already have them as is most cases by the time they get to our office. We find out what you are eating and what you are not eating and determine if you need a supplement to help a specific problem. most of our supplements are temporary with a few exceptions. **We charge a one time fee of \$500 to start the Nutrition program. Then you pay for office visits for counseling along the way.**

Muscle testing: we test over 200 muscles, find the weak muscles. Then turn them back on. Muscles that keep turning off are generally associated with an organ system. All your organs are monitored by specific muscles. All your organs have no pain receptors so they refer to muscles when there is a problem. 2 most common ones are heart and gallbladder that even medical doctors know about. With gallbladder you can get pain under the right shoulder blade (subscapularis muscle). When a person is having a heart attack, they most often grab their arm "my arm is killing me". But every organ is correlated to specific muscles.